BAR HILL NEWS

February 2014; Issue 544

BAR HILL NATURE RESERVE WORKING PARTY
9th FEBRUARY 2014
– ALL RESIDENTS WELCOME –

Meet at 10.30am at Bar Hill Village Hall *[note slightly later time]*, or come along later to the Nature Reserve, to participate in a working day of digging, cutting back and various other jobs.
We'll be assisted by Cambridge Conservation Volunteers, and directed by Rob Mungovan, Ecological Officer from South Cambs DC.

SING IT OUT

COMMUNITY CHOIR
Staeting 10th February 2014
The Octagon, Bar Hill
POPULAR SONGS/MUSICALS
ALL ARE WELCOME
CONTACT: Mel Stamp for more details:
E: singitout@virginmedia.com, T: 01954 203554

BAR HILL FETE – SATURDAY 5 JULY 2014

Planning is underway for the Bar Hill Fete.
The committee would really welcome exciting, innovative ideas from new people who would like to be involved with the planning. Our next meeting is on February 6th. We meet in a meeting room at Tesco, so do please come and join us.
Contact: Andy 07814 871752 or Bunty 07734 690580.

RADSOC

Swavesey Review and Drama Society
Proudly Presents

– PUSS IN BOOTS –
A Family Pantomime by Stuart Arden

Evening Shows 14th & 15th February at 7.30pm;
Matinee Shows 15th & 16th February at 2.30pm.
Swavesey Venue
Book tickets at www.swaveseyradsoc.org.uk,
or call 07504 552870.
Family tickets available!

BAR HILL CRICKET CLUB

www.barhillcricket.org.uk

PLAYERS

We are looking for ADULT and YOUTH players to join Bar Hill Cricket Club. All ages, beginners to experienced players, male and female all welcome.
Youth training sessions and matches are run by our fully qualified and CRB/DBS checked coaching team. Please contact us or visit our website for more information.

COACHES

Are you a qualified coach? Or interested in becoming one? We are looking for people who would like to join our coaching team. Please contact us for more information.

INDOOR NETS

Indoor net practice sessions are at Hills Road Sports Centre from 8.00-9.30pm. £4 a session.
February: 3rd (Mon), 13th (Thur), 17th (Mon), 27th (Thur)
March: 3rd (Mon), 17th (Mon), 27th (Thur), 31st (Mon)
April: 7th (Mon), 14th (Mon)

BAR HILL CRICKET CLUB
Contact: Paul Stimpson, Club Secretary:
T: 01954 201212; E: info@barhillcricket.org.uk.

APPEAL FOR NEXT OF KIN OF BAR HILL RESIDENT GERALD REHM

Can you help the Coroner's office find the family of Gerald Rehm, whose death was confirmed on 10th November 2013? Mr Rehm lived in Oatlands Close, Bar Hill.
The Coroner's office would be grateful if anyone with knowledge of Gerald's next of kin please contact them on 0345 045 1364.

WISHING A HAPPY AND HEALTHY 2014 TO YOU ALL

deadline for the next issue is 15th February, to bhneditor@yahoo.com,
or see page 2 for other contact details

– BAR HILL RESIDENTS' ASSOCIATION –

2012–13 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Simon Munford	email: simon.munford@gmail.com	
Also:	Paul Goodfield	01954 200228	15 Little Meadow
	Jo Hall	01954 780304	11 Almond Grove

BAR HILL NEWS:

Editor:	Jan Cundy	e-mail: jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bhneditor@yahoo.com, or jan_cundy@yahoo.com, *[a Word file is best, please]* or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: **01954 780442**

www.maplesurgery.co.uk

Surgery Opening times:

Monday, Tuesday, Thursday, Friday:		8.30 am–6 pm
Wednesday:		7 am–6 pm
Physiotherapist:	Tues.	2 pm–5.15 pm
Podiatrist:	Mon., Weds. & Fri.	9 am–12 noon
	Weds. & Fri.	1.30 pm–5 pm
Midwife:	Thurs.	2 pm–4 pm
Psychological Therapies Team:	Thurs.	9 am–12 noon
Dietitian:	1st Tues. of month	9 am–12 noon
Orthoptist:	2nd Tues. of month	9 am–12.30 pm
CAMTAD:	4th Tues. of month	9 am–11.30 am

Phone lines open from 8.30 am–6 pm Mon.–Fri. **Out of hours emergencies: 0330 123 9131** (Urgent Care Cambridge)
Health visitors are based at Longstanton Branch Surgery, Magdalane Close, Longstanton (Tel: 01954 781855);
Child Health Clinic every 3rd Tues. 1 pm–3 pm (drop in) at Children's Centre next to the Primary School, Bar Hill.

USEFUL TELEPHONE NUMBERS

• Church Office **206120** • Conservative Party (Iris Lay) **205265** • Happy Hours (Helen Collins) **782203** • Liberal Democrat Party (Andy Pellew) **07814 871752** • Library (renewals and enquiries) **0345 0455225** • Neighbourhood Watch **201001** • Parish Council (Leigh Baffa) **780456** • Police non emergency **101** • Post Office **789285** (Harry) • Pre-School **782892** • Samaritans **01223 364455** • School **273305** • Social Club **781881** • Swavesey Village College **230366**

BAR HILL VILLAGE HALL

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Jones Dance *(school term time only)*	3.30–8.15 pm
Tues.	Shotokan Karate	5.45–8.00 pm
Tues.	Danielle (Boot Camp)	8.00–9.00 pm
Weds.	Helen Jones (Dance)	4.00–6.45 pm
Weds.	Zumba	7.00–8.00 pm
Weds.	Pilates	8.00–9.00 pm
Thurs.	Zumba *(school term time only)*	9.30–10.30 am
Thurs.	Pilates *(school term time only)*	10.30–11.30 am
Thurs.	Weightwatchers	7.00–7.50 pm
Fri.	Martial Arts	6.30–8.30 pm
Sat.	Sweat and Tone	8.00–9.00 am
Sun.	Bingo (doors open 7.15) Cash prizes	7.45–9.30 pm

If you wish to book any of these facilities, or to get more information, please contact us by telephone on **01954 782414** (leave a clear message and we'll call back within 24 hours Monday–Friday), or e-mail: barhill.villagehall@btconnect.com.

We look forward to hearing from you.

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

2014 PUBLIC HOLIDAYS

New Year's Day:	1st January
Good Friday:	18th April
Easter Monday:	21st April
Early May Bank Holiday:	5th May
Spring Bank Holiday:	26th May
Summer Bank Holiday:	25th August
Christmas Day (Thursday):	25th December
Boxing Day:	26th December

HAPPY HOURS – NEWSLETTER

Wishing everyone a Happy, Healthy New Year, and hope 2014 will be a good one for all. As I missed the December issue there seems to be some catching up to do!

Our AGM was held at the beginning of November with the same Committee being elected, plus we welcomed the addition of Susan New. We held our Birthday Party during the month, with a good meal, and music by Ron Tee completed our enjoyment. We also had a jewellery sale by Jannine, with a chance to buy some lovely pieces as Christmas presents.

We donated £41.26 to the Poppy appeal and a collection in lieu of sending Christmas Cards raised £25 donated to Wood Green. We also received a donation of £50 in memory of Phyllis James sent by Jane, one of her Carers.

December saw our Christmas Party at the Moat House, where we were given a warm welcome and lovely lunch, with music by Tony Jacks. We had a free Raffle with extra prizes donated by Cambridge Building Society, and a bottle of whiskey from the James family, for which grateful thanks. A number of members also attended the afternoon Carol Service, taken by Barry and Pam and themed on "Christmas surprises".

Can I remind readers of the new **Silverline** which operates similar to Childline but for the elderly, especially those who are on their own, lonely, or have problems and don't know where to turn. Please ring – its confidential – and they're there to help: **0800 470 80 90.**

Helen Collins
01954 782203

FOR SALE

Mobility 4 wheel Shop Right scooter, complete with lights, charger and spare battery – £400.00.

01954 782292

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at
Bar Hill Primary School
on Wednesdays at 5.30 pm or 7.30 pm.

Want to lose weight and never feel hungry?
Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000

...letters...letters...letters...letters...letters...letters...letters...letters...letters...

Skate Park

When you get a leaflet about the Skate Park, do take the time to fill it in. The Skate Park has been very important to our village. Before we had it, residents and visitors had to walk amongst young people using their skate boards around the shopping area and in other parts of the village.

The Skate Park has been a place where young people go in their free time to skate, to meet, to play their music (quite loudly) and to have food and drink. If they did not have this place, where would they go? Perhaps in places where residents would not welcome them. Certainly our Police officers have always felt the Skate Park was an important feature in deterring anti-social behaviour around the village. Since the Skate Park was built there have been few complaints about the behaviour of the young people.

When it comes to paying for a replacement, and maintaining it, careful thought needs to be given to what would be best for the village. The Parish Council did have a budget for maintenance but, unfortunately, as the wood aged and rotted it was not enough.
I wonder if they will decide to replace the ramps with metal frames which would not rot? The Parish Council receives money from South Cambs (which is what we all pay in Council Tax), and from rent from the Farmhouse and The Willows (at the entrance to the village). It seems very strange that South Cambs would not give a grant to maintain an existing facility but would give a grant for a new facility.

Lastly, I know that there is a group around the village which has raised funds through various events for improvements to the children's play areas and for the Skate Park. I would like to congratulate them on their efforts and wish them well in their future fund raising.

I would also like to ask the young people who use the Skate Park to be actively involved in discussions about its future and to participate in the democratic process in deciding what should be done.

Margaret Sellars

Dear Editor

Ann Duce, Alison, Joanna and family would like to say a big thank you to everyone who attended Mike's funeral on Monday 13th January. It was a great comfort to them.
Ann would also like to thank everyone who sent cards and messages. A special thank you to Rev. Charles Mather for the lovely service, and to Sue and her team for the marvellous tea they provided.
Mike would have loved it all!
Kind regards

Alison Deaves

RASTERREPAIR
Home & Workshop PC Repair. Home Support.
T: 07413 849034; E: rasterrepair@gmail.com

Skate Park

I'd like to express my thanks to everyone across the village who took the time to complete and return the survey I circulated in relation to the Bar Hill Skate Park.

While I'll be writing to people who responded individually, it might interest people to know that around 85% of those who responded supported the idea of there being a Skate Park in the village with two thirds of respondents wanting to see something in place within the next year, and a clear majority wanting it to be funded by a combination of Grants and Council Tax.

A more detailed breakdown of the results is available at: http://goo.gl/VOyRBu (via Google Drive, that's V – O (the letter) – y – R – B – u).
I'd like to thank everyone again who responded to the survey.

Cllr Andy Pellew, andy.pellew@gmail.com

Skate Park

There seems to be a feeling among some skate park supporters that the football and cricket clubs get special treatment from the BHPC. Both of these clubs have their own committees; both have fund raising activities; they spend a lot of time working on their pitches and they pay for playing their matches.
Please – get yourselves organised so you can get an asset you can help look after.

Jon York, BHFC President.

See also the Parish Council report on page 25 re Skate Park

Dear Editor

Can I ask, through the BHN, that residents kindly stop putting food on the ground, supposedly for the birds? I find that my dog finds and eats bread, kebab remains etc., this has caused a lot of problems with her digestion and expense for me at the vet. This food is also taken by rats and other rodents looking for food, so please, it would be safer in your green bin.
Regards

Bunty Waters

Children in Need

We would like to express our **biggest** thanks to all who helped raise a total of **£670.89** for BBC Children in Need. Thanks to everyone who attended our fundraising fair on 9th November and all the volunteers who helped on the stalls. Huge thanks to everyone who donated prizes or their hard-earned cash to help raise money for such a worthwhile cause! A mention also to Chris Howse, Craig Driver, Ryan Szembel and Jonathan Barber who helped raise money in a very painful way by having sponsored leg, back and chest waxes.
We will start planning a different fundraising event later in the year. If you would like to help, please visit our Facebook page or send us an email: bhcinfundraising@gmail.com.

Bar Hill BBC CiN Fundraising Committee

NEIGHBOURHOOD WATCH

GOOD NEWS: Bar Hill continues to be a relatively safe place to live – **BUT** – we should not be complacent as there has been a spate of incidents across the area recently:

1 House burglaries – often via a rear window.
ADVICE:
- Install a burglar alarm, and set it!
- Make your house appear lived in when you are out by using a radio, and lights on timers for after dark (currently late afternoon).
- Have lighting in front of your house and motion activated lights to the rear.
- Keep gates locked and use trellis along fences to hinder intruders.

2 Shed burglaries – valuable tools are taken or implements used to break into the house.
ADVICE:
- Fit a good padlock and simple shed alarm (e.g. £15 from Argos).
- The police recover large quantities of stolen items but often have difficulty reuniting them with the owner so:
  - post code property with a permanent marker or UV pen;
  - record serial and model numbers;
  - register items on http://www.immobilise.com

3 Stealing Catalytic Convertors – these have scrap value and vehicles with a high ground clearance such as delivery vans are particularly vulnerable.
ADVICE:
- If you see anyone working under a vehicle, and you have any suspicions, report it to the police immediately.
- Businesses may wish to consider a marking and registration system, or ring 101 to find out when the next catalytic converter marking day is taking place locally.
- Alternatively a garage could advise about a catalytic converter security device.

PLEASE, help the police help us – keep your eyes and ears open and report any suspicions immediately on 101 (or crime in progress on 999).

Caring Communities Counteract Crime.

Pam Vendy, NHW Village Coordinator.

Thank you...

...for your orders for celebration and Christmas cakes in 2013.

I have made a £100 donation to the Mental Health Foundation from the profits. This will help deliver effective research and develop solutions to improve care and treatment for the 1 in 4 people affected by mental health problems every year. To find out more about their work and how donations are used, visit their website http://www.mentalhealth.org.uk.

Wishing all my customers a brilliant, healthy and successful 2014. Do get in touch if I can help complete your celebrations with a homemade cake.

Kindest regards

Avril Williams, 01954 782431, avril.williams1@btinternet.com.

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in February?

Sat. 8th	Play Your Cards Right
Sat. 22nd	Play Your Cards Right
Mon. 24th	Quiz Night, 7 pm. for 7.30 start

New Monthly Quiz

On the last Monday of every month we will be holding a Quiz Night. Registration is at 7 pm for a 7.30 start. Maximum of six per team, £1 per head. At least one of the team must be a club member. Many prizes to be won. No mobile phones or tablets allowed.

Saturday Afternoon Football – Home games

Sat.1 Feb.	BHSSC v Sutton United, Cambs Junior Challenge Cup; *kick-off 1345*
Sat. 8 Feb.	BHSSC v Bottisham & Lode; kick-off 1400
Sat. 15 Feb.	BHSSC v Manea United; kick-off 1400
Sat. 1 Mar	BHSSC v Doddington United, *kick-off 1500*

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881 (BHSSC)

Total Relaxation
at the farmhouse

The Farmhouse, Gladeside, Bar Hill
T: 01954 789 344; E: total.relaxation@ntlworld.com

VACANCY

We are looking for a motivated, self-employed hairdresser to rent our hairdressing chair.
Please contact us if you are interested.
Reasonable rent offered.

G B PROPERTY SERVICES

Specialist in flat roofing and all aspects of property maintenance
Call Pepe on 07761 143610

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone Paul Noble on 01954 780477.

CHURCH MATTERS

KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that produces hats, scarves and mittens for "Operation Christmas Child" shoe boxes. We make lots of other things too. By joining us, you will meet new friends as well as provide support to organisations that need voluntary help.

We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch.

You don't have to be able to knit; you are very welcome to come and "natter" and enjoy a sociable afternoon. For further information contact Sue Kenchington on 01954 780260.

Everyone is welcome of any faith, or none.

BRING YOUR OWN CRAFT GROUP

The group meets monthly on a Saturday afternoon in the Octagon, from 2.15–4.30pm. It was started to provide an opportunity for us to spend a quiet couple of hours working on our craft projects in good company, since we often find that we have too much to do at home to devote much time to our creative hobbies, despite the benefits we derive from them. We usually leave feeling more relaxed, with the added satisfaction of having made progress on our projects.

We are always happy to welcome new members whether they are experienced crafters or just trying something new, so do come along. Remember to bring the materials and equipment you will need for your craft project. We will provide the company and refreshments. We ask for a donation of up to £1 to cover costs.

Provisional dates for 2014: 22nd February; 22nd March; 26th April; 24th May; 28th June; 19th July (in the Church); 27th September; 25th October; 22nd November.

For more details contact either Wendy on 01954 782041 or Sue on 01954 200875.

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held at 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month.

Each session begins with craft activities followed by a story & song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

ROCK SOLID...

...is a midweek club for primary school age children which runs during term time only every Thursday evening in the Octagon/Meetings Room, from 6pm till 7.15. We have great fun with songs, news time, bible storytime, craft and games, stopping for a quick break for drink and a biscuit half way through!

We are fully subscribed at the moment, but if you think your child would like to come along, please contact Adrienne Sharman 01954 780874 for further information.

BAR HILL CHURCH ECO GROUP

The Eco Group meets for an hour once a month to think about how we can best use our world's resources, both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Events last year included Sunday workshops on the theme of creation, and an eco walk and picnic. Further details, including meeting dates, can be found on the church website – www.barhillchurch.org.uk.

THE MEMORIAL GARDEN

Do you enjoy gardening? Can you spare a few hours a month on a voluntary basis to help in the Village Memorial Garden? Minimal knowledge is required as guidance will be given. Further details please contact Chris Stannard 01954 781978.

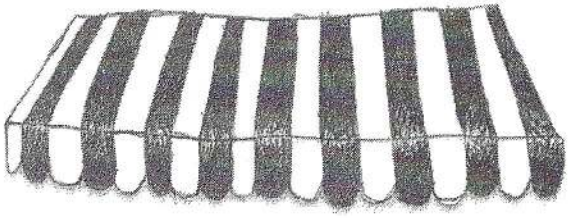
CHURCH MATTERS

THE COFFEE STOP

This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone.

We would love to see you on a Wednesday morning.



BAR HILL COMMUNITY MARKET

Saturday **1st February**
Saturday **1st March**
Saturday **5th April**
10.30am–2pm

In the Octagon CB23 8EH

Entry is Free

Come and support your local community.
A variety of handmade crafts, jams, fruit, vegetables, cards and beauty products.
We raise funds for community projects.

Refreshments
Soup and roll from 12noon
BBQ *(weather permitting)*

If you would like to be part of the market, please contact either Karen Austen 01954 781085 or Sue Gadsby 01954 200875

BAR HILL CHURCH

BAR HILL ECUMENICAL CHURCH SERVICES FOR FEBRUARY 2014

EVERYONE IS WELCOME

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. We have a new website which we hope you will look at. It gives lots of information about what's happening in Church: **barhillchurch.org.uk**.

Sun. 2nd Feb.	**10am** Holy Communion with Café Church for young people
	6.30pm Evening Worship
Sun. 9th Feb.	**8am** Holy Communion
	10am Quaker Service
	6.30pm Youth Service
Sun. 16th Feb.	**10am** Holy Communion with Café Church for young people
	6.30pm Evening Worship
Sun. 23rd Feb.	**10am** Songs of Praise
	6.30pm Holy Communion
Sun. 2nd Mar.	**10am** Holy Communion with Café Church for young people
	6.30pm Evening Worship
Wed. 5th Mar.	**7.30pm** Ash Wednesday Service

Contact: Church Centre Manager: 01954 206120; office hours Mon., Weds. and Fri. 0930–1230.

There is a Roman Catholic Mass every Saturday at 6 pm.

MEDITATION FOR RELAXATION

with Qualified Teacher
Every Thursday 7-8pm in Bar Hill Church, Hanover Close, CB23 8EH.
£3 per session to church charity.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge
The Catholic Church serving Bar Hill

Parish Priest:	Mgr Peter Leeming	Tel: 01223 350787
Deacons:	Revd Robert Joyce, Tony Northrop and Tony Sutton	
Local contact:	Bunty Waters	Tel: 01954 201421
Monday, Wednesday, Thursday, Friday		8am and 12.15pm
Tuesday		8am and 7.30pm
Saturday		6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at The Ark, Cambourne, and 6pm at Bar Hill Church Centre.

Holydays of Obligation	8am, 10am, 7.30pm
Sacrament of Reconciliation	
Tuesday	6.45pm (not after Mass)
Saturday	10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday – copies are also available in the Church Centre.

WOMEN'S WORLD DAY OF PRAYER

This special service takes place in churches all over the world every year on the first Friday in March. Each year it has been arranged by the women of a different country and so expresses praise to God for the good things of that country and also prayer concerns for its needs and particular difficulties. This year's service has been put together by the women of Egypt and will take place in Bar Hill Church at 7.30pm on Friday 7th March. Our speaker will be the Rev. Jean Simmonds.

It is a service is for all people, men and women, so do come. You will be most welcome.

Pat Muir

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group, which meets at 8pm on the first Thursday of the month in the school. Our programme for 2014 is as follows:
Thursday 6 February – The history of Denny Abbey
Thursday 6 March – Gardens of the National Trust
Thursday 3 April – Birthday party – *members only*
Thursday 1 May – The work of The Brooke Trust
To find out more about the club please phone Barbara 01954 204171, Adela 01954 204265 or Ann 01954 204687, or come along to one of the meetings where we will be pleased to see you.

SWAVESEY HALF MARATHON IS BACK SUNDAY 2nd MARCH

Last year's popular half marathon is set to return to the streets of Swavesey on 2nd March 2014.
Staff and students at Swavesey Village College will be offering support on the day, hoping to make the event as big a success as it was heralded last year.
The half marathon, and parallel five mile fun run, are open to all levels. The five mile run is for over-13s, and the half marathon over-18s.
Entry fee for the half marathon is £15 affiliated members, or £17 non-affiliated; five mile run is £5 for under-16s, or £7 for 16 and over.
Funds raised by will go to support this year's school's charity, Sue Ryder, as well as to developing the outdoor education park. The Sue Ryder Thorpe Hall Hospice was involved in the care and support of Swavesey's former principal Martin Bacon, who completed the run last year before sadly losing his battle with cancer.
The course starts and ends at Swavesey Village College and takes runners through the picturesque village and RSPB Fen Drayton Lakes nature reserve, finally returning along the guided bus- and cycle-way (although not on the bus-way itself).
Registration is now open and application forms and information can be found online at www.swaveseyhalfmarathon.org.uk. You can also follow us on Twitter @SwaveseyHalf.

ROYAL BRITISH LEGION

Since our last meeting in November we have sadly lost two members, Mr Norman Rolfe and Mr Mike Duce. Both were long serving Members of The Legion, but more importantly they were really nice men that their families could be proud of.

As we are now in a New Year we would welcome new members. We meet on the 4th Thursday of each month at 8pm in the Meetings Room at the Octagon.

Memberships are no longer restricted to Service or EX-serving men and women.

Mary Shubotham, Secretary; 01954 781553.

MENZIES CAMBRIDGE HOTEL & GOLF CLUB BAR HILL

JOB VACANCIES

- Clubhouse Supervisor – flexible hours, mainly day shifts 10–4pm
- Receptionist – full time
- Meeting and Events Porter – full time
- Bar Supervisor – flexible hours, mainly evenings and weekends
- Restaurant Attendants – flexible hours, evenings and weekends

Please send your CV with covering letter to: Shaun Van Looy, General Manager, Menzies Cambridge Hotel & Golf Club, Bar Hill, Cambridge, CB23 8EU. E: shaun.vanlooy@menzieshotels.co.uk; T: 01954 249988. Or contact hotel reception for more information.

Due to the high volume of applicants, we are unable to respond to every application.

FRIENDS OF BAR HILL LIBRARY

A change of direction: We are still considering the way forward now that some members of the committee have decided to stand down. It is time for new ideas about how to encourage use of the Library and ensure its place in our community. If you would like to be involved, give your name to staff in the Library to pass on to us.

New Year Social: The annual cheese and wine party was held on 17 January. We get together then to cheer us all up during the dull days after Christmas. There was a large turnout and a lot of friendly rivalry as we tried to assign personal treasures to their owners, talked over refreshments and strove to beat each other in the quizzes. It was an excellent start to the year for us.

Joining the Friends: We do thank our subscribers for their continuing support and encourage others to join us to help ensure that our Library continues to be an asset to our village. Ask Library staff if you would like to join the Friends.

Coffee mornings: To meet friends and lots of others, come along to a coffee morning in the Library. These are held on the first Thursday of each month from 10 am to noon. That means 6 February 2014 is the next date to note in your diary.

FOR SALE

Three piece suite – chocolate colour leather.
Three-seater, two-seater and a chair.
Only 5 years old £200 ono.
07801 560990

Total Relaxation
at the farmhouse

The Old Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Open 7 days a week

Aromatherapy, Body Massage,
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials, Nail Extensions
Manicures & Pedicure, Gel Polish
Lash and Brow Treatments
Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

Gift vouchers always available

CAMBRIDGE
FUNERAL SERVICES

- Family owned & independent
- Traditional & contemporary funerals
- Personal service 24 hours every day
- Private chapel of rest
- Pre-arranged & pre-paid funeral planning
- Green & woodland burials
- Funerals for all faiths & beliefs
- Off-road parking

Recommended in The Good Funeral Guide for the second consecutive year

ANDREW PATEY
Dip F.D. Dip F.M. LMBIFD
Managing Director

PHILIP REYNOLDS
Dip F.D. LMBIFD
Funeral Director

01223 415255
617 Newmarket Road • Cambridge • CB5 8PA
www.cambridgefs.co.uk
info@cambridgefs.co.uk

Village Vet
RCVS ACCREDITED PRACTICE

The vet your pet would choose

Longstanton
34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham
66 High Steet, Cottenham CB24 8SA
01954 252122

Milton
26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 247

www.villagevet.co.uk

AIRPORT CARS CAMBRIDGE

Maestro

VISA

- Long-haul journeys, airport delivery & pick-up only
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- Mini vans available for holiday delivery & pick-up
- Reasonable rates

For the most competitive quote call:

01954 782822 / 07971 463639 jamesairportcars@gmail.com

Bar Hill Motors

20, Viking Way (next to Tescos)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

781132

Alan's Carpets

Save £'s Discount prices!

* Home selection Service
* Over 40 Years Experience
* FREE quotes - Priced right
* Extensive range of Quality Samples
* Room sized Roll ends - Carpets & Vinyl
* Orders fitted within days, not months
* Showroom now open at 1 Station Road, Swavesey

Alan Shrimpton

Phone 01954 232298 or 07790 544250

RedLocks Locksmiths

Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047
t 01954 202818
m 07784 240 970
w www.redlocks.co.uk
e info@redlocks.co.uk

Local Reliable Electrician

✓ From a single socket or a extra lighting fitting, to a full rewire.

✓ We leave your Property as clean and tidy as we find it.

✓ Free estimates.

✓No job too small.

Contact Bruce on
(01223)295213
07783 718018
bruce@brucewright8.wanadoo.co.uk

Part P Approved Contractor

ELECSA

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

Full and Part Time
Care Workers

Work closer to home in a role that's close to your heart.

If you're a support worker looking to make a real difference - or would like to train to be one - Midas Care would love to hear from you. We are one of the most respected names in independent healthcare and preferred provider of homecare for Cambridgeshire County Council. You'll join our friendly teams on established local rounds, offering physical and mental support to patients in their own homes whilst maintaining our high standards of delivering 'quality care'. In return you'll receive good pay, mileage allowance and appropriate training.

apply@midas-care.co.uk
or telephone 01954 571061

MIDAS CARE

KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL
Karndean / Amtico
Altro safety flooring (wet rooms / kitchens)
Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5.00pm

Mob : 07801542378 8.00am - 6.00pm day time

Bar Hill CB23 8TF

ServiceMASTER Clean

The Clean you expect .....
.....the Service you deserve

Quality carpet and hard floor cleaning

Call us today and ask about our latest offers on Carpet, Rug, Upholstery, Curtain and Hard Floor Cleaning

Tel. 01223 245267

info@servicemastercambridge.co.uk

Family Run Business with over 30 years' Experience

ServiceMaster Cambridge operates within a 20 mile radius of Cambridge City Centre, covering places such as Bar Hill, Burwell, Saffron Walden, Cambourne, Sawston and Melbourn

www.servicemastercambridge.co.uk

ELECSA
Part of the ECA Group

A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance And Repairs including testing and inspection

Domestic, Industrial and Commercial

Bar Hill Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

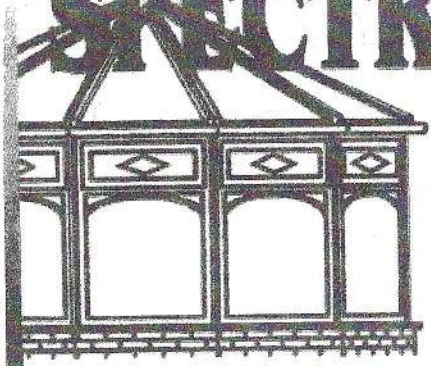
85 Stonefield, Bar Hill, Cambridge, CB23 8TE

Mobile : 07735615871

Email – barretts11@msn.com

Elecsa Reg No : EPP32673

SPECTRUM



CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just of Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

  Giant, Haro, Mongoose, Huffy & Diamond Back
- Good quality secondhand cycles always available
- Plenty of parking

Cambridge Stockist of GIANT

Quality for less

276604

Come and visit us; we will make you welcome

SE
stampelectrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls

DOMESTIC INSTALLER

stamp.electrical@ntlworld.com

Group Fitness for all Ages

Shape N Tone
Mons 6.30pm-7.15pm, Church , Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

The Fitness Class
Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

Over 55s Class
Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 a class / £36 for 10
Concess £3.50 a class, £30 for 10

Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk
Free First Class

PHYSIC

Oakington Therapy Centre
is now at
76 Gilbert Road
Cambridge
CB4 3PD

Roger Giddings - Osteopath
Emma Bicknell - Osteopath
Mike Salt - Sports massage
David St Laurent - Injury rehab

but can still be reached on
01223 237459
www.physic.co.uk

Power Tool & Plant Hire, Sales & Repairs
M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kangos, disc cutters and generators
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Adults & Children's bouncy castles now available

Tool Hire:
Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

☎ 206113

Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work, Including poflushing

Acorn Avenue, Bar Hill, Cambs, CB23 8DT

24 hour service...No call out charges!

GAS safe REGISTER 23354

iphe Chartered Institute of Plumbing and Heating Engineering 026851

Est. 1989

ARCHITECTURAL DRAWINGS

FOR

PLANNING & BUILDING

REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS,

LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

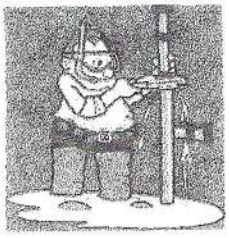
ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



213666

M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

Friendly and reliable local service

01223 691599

07832261791/07766281962

FRIENDS OF THE ROSIE HOSPITAL

Happy New Year from Friends of the Rosie Hospital, and a prosperous and healthy 2014. With your help, are making the Rosie a more comfortable environment for mothers and babies.

If you have any spare polyester toy stuffing, ribbons or yarn we are in urgent need of your donation.

Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys are for sale on our website www.rosieinstitches.org.uk.

We're glad to report that with your help we made a profit in 2013 of £1,915.37. Start your New Year shopping today with our online pages or at the following upcoming stall dates:

Community Market, Octagon, Bar Hill.
Saturday 1st February 2014 10.30am to 2pm.

We have discounted items for sale in our eBay Charity Store Rosieinstitches2010. Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk. There are links to affiliate stores on our website where we will get a donation. Laura Ashley has 30% off everything you could wish for.

To support Friends of the Rosie Hospital, Cambridge, England, visit http://www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at http://forh.easysearch.org.uk

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee. Details are on our website.

Thank you all for your support.

NWR

Ladies – Give yourselves a break! Enjoy discussions and make new friends. NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events. We invite you to join us, come along to one of our meetings; you would be very welcome.

6th Feb: **All Thing Spicy!** *We use spices and herbs in everyday cookery, where and how are they grown, do they have any other use e.g. medical or cosmetic?* Venue: Marie-Thé's;

20th Feb: **Talk by Rev. Charles Mather.** Venue: Kaye's;

6th March: **The History of Dentistry**. *Research dentistry techniques and instruments etc. and how it has changed over the years.* Venue: Pat's

The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1.00 per meeting to cover costs. If you would like more information, please call Marie-Thé Last on 01954 780329 or Geraldine Martenz on 01954 203458 . NWR can also be found at www.nwr.org.uk. Why not have a look!

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities
10.30 am at Bar Hill Library,
on the second and fourth Saturdays in February.

Storytime invites small children and their parents or carers to the Library. Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, it offers half an hour of book -based fun twice every month.

Often there is a theme – we have featured the weather, insects and things that go wrong recently, exploring those with stories, songs and craft. The children have enjoyed colouring pictures, and have created their own insects – some of which are on display – and weather charts for themselves.

This free event opens up the treasure that books offer, introducing young children to their local library and revealing to them all that is to be gained from learning to read. There is no need to book; just come along.

BAR HILL HOME CARE PROVIDER RELOCATES TO NEW OFFICE

Midas Care Ltd, recently appointed Cambridgeshire County Council's strategic partner for care, moved from The Willows, Bar Hill, where it was based for three years, to Waterbeach in January 2014.

Midas Care would like to thank the Bar Hill community for the support and generosity shown during the company's time in the area.

Although it has relocated, Midas Care will continue to service the Bar Hill district. Matt Sumner, Managing Director of Midas Care Ltd, said "It was a difficult decision to leave Bar Hill, but we are excited about the move to Waterbeach which will provide our staff with a fantastic working environment and facilities. We look forward to our continued service in Bar Hill, and remaining part of the community."

New details: Midas Care, Pegasus House, Pembroke Avenue, Waterbeach CB25 9PY. T: 0844 406 1008.

FEBRUARY BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Firefighters are asking residents to take care while cooking. Valentine's Day means more people may turn to the kitchen to cook their way into a loved one's heart, and combined with Shrove Tuesday and National Chip Week, 17–23 February, there are many potential cooking distractions this month!

Here are some handy tips for staying safe in the kitchen:

- never leave cooking unattended and avoid leaving children alone in the kitchen when cooking on a hob;
- keep tea towels and cloths away from the cooker and hob;
- avoid drinking alcohol to excess when cooking;
- take care when cooking with oil, especially in deep fat fryers – it sets alight easily;
- don't tackle a fire yourself – get out, stay out and dial 999.

Like our Facebook page: www.facebook.com/cambsfrs, follow us on Twitter @cambsfrs.

To find out if you are eligible for a free home fire safety check, call 0800 917 99 94.

BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.
If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (details below).

Childminders with Current Vacancies

Kirsty	07584 168909
Melanie	01954 204496
Jacky	01954 780249
Kirsten G	01954 200228
Mandy	01954 204223
Kirsten C	01954 202228
Janine	07879 613731
Terri	07846 018714

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15 am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

GIRLGUIDING IN BAR HILL

2014 marks the start of Girlguiding celebrating the Brownies' 100th birthday!

Eight girls from 1st Bar Hill Brownies attended "Starburst" the Big Birthday launch at Butlins Skegness in January. We are very grateful to the Community Market for sponsoring their jumpers to wear at this event.

There are many other events planned to celebrate the Brownie birthday this year, including a big event in Churchill College and a joint Brownie Sleepover in the summer. Why not come and join in the fun?

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5–7) Monday and Wednesday; Brownies (age 7–10) Tuesday and Wednesday; Guides (age 10–14) Wednesday; Senior Section (14+) meets monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to http://www.girlguiding.org.uk/interested.

For more information about local girlguiding, please phone 07980 739928 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230; Longstanton 01954 207600; Dispensary 01954 260073
Website: www.willinghammedicalpractice.nhs.uk

The new 111 service: this is now up and running in Cambridgeshire. There may be a few "teething troubles" until staff and patients are familiar with the new arrangements. If you ring the old Urgent Care Cambridge telephone number, your call will be diverted to 111 who will transfer you to the appropriate out of hours service.

Pharmaceutical Needs Assessment Consultation: this is ***your*** chance to have a say on local pharmacies and dispensaries in Cambridgeshire. The local Clinical Commissioning Group and Cambridgeshire County Council are running a consultation period until Friday 21st February 2014. Pick up a questionnaire and prepaid envelope from our dispensary or pharmacy or go to www.cambridgeshireinsight.org.uk/JSNA/PNA. The key findings from the initial consultation with GPs, community pharmacies and patients were that services provided locally were excellent and adequate for the area and no need was identified for new service providers. We encourage you to read a copy of the consultation document and give your views.

Quit Smoking Campaign: why not make 2014 the year you finally give up smoking? Public Health England have launched a new campaign to help you quit, with a range of support ideas alongside the face to face support offered by our nurses and pharmacy staff. Please do visit the pharmacy or make an appointment with one of the nurses. They can explain the options available, and other tips to make your resolution successful.

Cynthia Bidwell, Practice Manager

OVER DAY CENTRE – 2014 SILVER JUBILEE YEAR

Over Day Centre is a charitable, independent organisation, dependent on fundraising to enable it to provide care. It opened in September 1989, and to celebrate its 25th year, 2014 will have many fundraising events, including a Quiz Night on 28th February, and the Bootleg Bee Gees on 22nd March, both at Over Day Centre – see the front page of this BHN for more details on the latter.

If you've had any connection with the Day Centre over the years, we'd love to hear your stories and memories. If you have any photos you could add to our collection, they would be gratefully received. We can copy them if you don't want to part with them!

Are you a local business that would like to sponsor the Day Centre?

Can you spare some time to support some of our fundraising events, such as Quiz Nights, sponsored walks or dance evenings?

If so, please get in touch with **Sarah** at the Day Centre on **01954 231807**.

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

5-10 year guarantees

Competitive Rates

* Insurance work
* Guttering * Facia Boards
* Garages & Extensions
* Re-roofing & repairs

Prompt Reliable Service

01487 841008 Mobile 07860 680550

37 Greenfields, Earith

---

haart

is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation **781411**

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm

Fridays 9.00 am - 4.00 pm

No Parking Problems

J T Carpentry & Joinery Building and maintenance

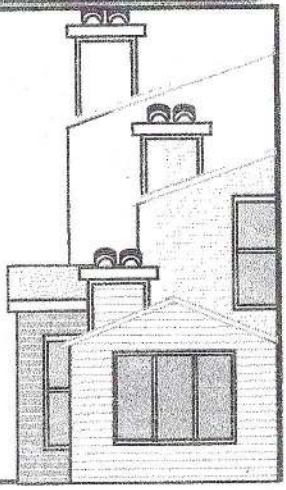
All Domestic Carpentry & small Building work. Kitchens. Bathrooms. Wardrobes. Doors. Architraves. Skirtings. PVCu & timber Windows. Decking. Security locks. Stud walls. Insulation. Glazing. Cupboards. Painting. Repairs.
Please call if your job is not listed.

Also: Brickwork, Alterations, Renovations, Loft conversions, Garage conversions, Dormers, Hand cut & trussed roofs. Discounts for OAP's

City & guilds Apprenticeship served, 37 yrs experience. References available. Bar Hill resident. Free Estimates. Sensible rates.
Commercial work undertaken. Maintenance & repairs. Good rates for long term contracts.

Call for information. **01954-780471 or mob 07846-847808.**

jtcarpentryno1@yahoo.co.uk. http://www.johnnytno1.moonfruit.com



R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

Green Heat Ltd

High Efficiency
Heating installations
By local award winning
Heating engineers

REDUCE YOUR BILLS THIS WINTER WITH A NEW HIGH EFFICIENCY ENERGY SAVING BOILER

Green Heat Ltd - The Energy Efficiency Company - Better value than British Gas and up to £1000 cheaper according to "The Times"

NOW IS THE TIME TO CHANGE YOUR OLD BOILER

WHY PAY MORE FOR YOUR ENERGY THAN YOU NEED TO ?

HELP YOUR POCKET AND THE PLANET

PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278

www.greenheat.uk.com

CAMBS INTERIORS

Specialising in the supply and or fit of complete bathroom and kitchen refurbishments

Full bathroom and kitchen design and planning

Bathroom and kitchen fitting

Wet Room design and fitting

Plumbing, Tiling, Plastering, Joinery, Electrics.

M: 07969 748393 T: 01954 201085 74 Hillcrest, Barhill, Cambs, CB23 8TQ

JASON KIRBY *Professional Painting & Decorating Ltd*

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations

Dulux Select Decorators

TRUST MARK

Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of foot healthcare in the comfort of your own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot Massage

To book your appointment, call Andrina on

07966 571 686
or email
andrinab@btopenworld.com

Register for Foot Health Practitioners Member

RHD BUILDING SOLUTIONS

A locally based family run building company with extensive experience in all aspects of building work including:

New Builds
Extensions
Loft Conversions
Internal and External Renovations
New Kitchens and Bathrooms
Design Service

Excellent references available and the opportunity to view completed building projects

For further information and a no obligation discussion please call:

01954 715321 or 07885 147979

www.rhdbs.co.uk

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING

DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE

- WE REPLACE Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms
- WE FIT Window Opening Restrictors, Cat Flaps, Fly Screens

FREE ADVICE / ESTIMATES

- WE SPECIALISE IN New Conservatories, Windows, Doors

SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call:

Phone 01954 201944

Email enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH ... WE DON'T COMPROMISE ON PRICE ... WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
email: DrakeHP@aol.com

Established 32 years

Gas Central Heating Installations
Boiler Replacements
Boiler Repair and Maintenance
Power Flushing
Bathrooms

Gas Safe Register

Gas Safe
Registered Gas Installer
2185

Skatz
HAIR DESIGN
and
Bethan's Beauty Shop

Opening times:
Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- Now for the summer - St Tropez sprayton treatment
- Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, Fortnightly, Monthly or one off jobs

Friendly and reliable service carried out by local mums

We can offer:
Gardening Service
Cleaning Service
Dog Walking and Pet Service
Washing and Ironing Service

website :
www.pphomeandgarden.vpweb.co.uk

ENTIRE

Plumbing • Heating • Gas • Bathrooms
Property Maintenance • DIY Handyman Service • Water Softeners

T/F: 01954 204044 E: info@entiregroup.co.uk W: www.entiregroup.co.uk

Are you in need of a chiropodist ?

For a professional service in your own home:-

☎ 201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

PARISH REPORT FROM YOUR COUNTY COUNCILLOR JOHN REYNOLDS

REPAIRING OUR WORN OUT ROADS

We all want to see our village roads and footpaths maintained at a reasonable standard. To this end I have been engaging with County Officers over the past four years to allocate funds for more road and path repairs. There has been some success with the full resurfacing of the perimeters road and resurfacing of many of the roads off.

However there is still much to do and I now have good news that funding has been provided to surface dress the following roads this summer; The Brambles, Chestnut Rise, Hillcrest, Watermead, Appletrees, The Spinney, Field View, Pheasant Rise, Oatlands Otter Close and Partridge Drive.

Before this work is carried out patching etc will need to be carried out. The white markings that the residents can see are the areas to be pre-patched prior to surface dressing in the new financial year.

The patching process removes the top 50mm of surface and hot material is laid and rolled until level. This provides a sound base for the surface dressing process that seals the road from water ingress and provides better skid resistance and should give the carriageway another 5-7 years life.

Patching programme will start in January/February and the surface dressing programme will be in the summer.

If you have any issues, please contact me at:
John Reynolds, 4 Hollytrees, Bar Hill, CB23 8SF.
T: 01954 200571;
E: office: john.reynolds@cambridgeshire.gov.uk;
home: j.e.reynold@ntlworld.com.

BOOTLEG BEE GEES

OVER COMMUNITY CENTRE, 22nd MARCH

You Should Be Dancing - yeah!

Jive Talkin' Get Walkin' down to Over Community Centre for an evening with the Bootleg Bee Gees. Get out your white suits and enjoy a performance by the UK's premier Bee Gees tribute band.

7.30 – MIDNIGHT

Grand Raffle Draw.

Tickets are £10 each, available from Over Day Centre.
All proceeds to the Over Day Centre.
Registered Charity No: 800829.
The Over Day Centre, 1 Drings Close, Over CB24 5NZ.
01954 231807.

FOR SALE

Oak dining room table – Caxton range. Size 3'x3' square with a flip top to 6'x3' in length. Excellent condition. £80.
01954 781752

Little Acorns Extended Day Care

Little Acorns took over the out of school club at the beginning of January 2014. We are now registered to care for children age 2–11 years, from 8am – 6pm term time and during the school holidays. Little Acorns extended day care is the umbrella name for Little Acorns Pre-School and Mighty Oaks @ Little Acorns (the out of school club).

Flexible Hours can be booked any time during a week day. [Otherwise a normal pre-school session is 9–11.30am, or 12.30–3pm; and afterschool care starts at 3pm or 3.15pm). Our current cost is £3.60 per hour. There is a sibling discount rate. Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they become 3.

Families on Income support (or who fulfil the criteria for free school meals) may also be able to access 15 hours per week of free sessions for their 2 year old, via the 'Free Twos' Funding. The children's centre will be able to advise you about this.

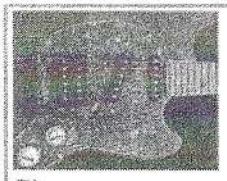
We can be found next door to the primary school along the concrete track which leads to the farmhouse building. Please feel free to drop in for a look around. All age groups of children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources, set out into zones, where children can explore, investigate, learn, create and have fun.

We employ qualified and experienced staff who are caring and dedicated team members. If you would like more information or a registration form please email us at littleacorns.barhill@ntlworld.com or at mightyoaks.barhill@virginmedia.com or phone Sally or Gail on 07851 803083.

The building can also be hired out at weekends/ evenings for parties and family events. Please email us for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.
– TOM MOORE –
M: 078125 71384; H: 01954 202677;
E: tombola49@aol.com



GUITAR & BASS TUITION

inc. Guitar Repairs

Phone Steve Beaney
01954 260851
07929 888128

Bar Hill Pre-School

Registered Charity No. 1030725
http://www.barhillpreschool.co.uk

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk.

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

CAMBRIDGE RE-USE

Cambridge Re-Use is a local charity working within a 20 mile radius of Cambridge. It is carrying forward the good work of Cambridge Sofa which was established in 1988. They collect furniture and electrical goods, in good condition, sell them at low prices to people on low incomes or on benefits. Please contact them on 01223 576535 to arrange a collection, or bring the goods to the store during working hours to Unit H, The Paddocks, 346 Cherry Hinton Road, Cambridge CB1 8DH.

The generosity of donors and a dedicated team of volunteers enable their service to benefit over 1,000 households each year.

email: donate@cambridgereuse.org.uk;
website: www.cambridgereuse.org.uk.

COUNCILLOR CHAT
MONTHLY REPORT: FEBRUARY 2014

Government Grant settlement

Information released by the Department for Communities and Local Government in December confirmed South Cambridgeshire District Council's (SCDC) grant settlement for 2014–15 will be cut by 24%. Figures released for 2015–16 suggest a similar cut, but more information is needed before the full effect of the reduction is known.

Information about additional grant funding, known as New Homes Bonus, shows the Council could receive up to £3.2 million during 2014–15. This funding is provided to high growth areas to help deliver new homes, facilities and infrastructure.

Council Housing

A help to downsize scheme is now operating for tenants affected by welfare reform changes. The number of SCDC tenants affected has reduced by around 20% since the beginning of 2013.

Paying rogues to take waste away leads to hat trick of prosecutions

Residents are reminded to only use ***registered traders*** to take away bulky waste, after three people were prosecuted for dumping in the countryside.

South Cambs DC to lobby Government to give Public Houses greater protection

Council leaders are to lobby the government for changes to national legislation which could give pubs greater protection from development.

The call follows the recent lawful conversion of the closed Pear Tree Pub in Hildersham to a furniture shop, even though it had been successfully listed by the local community as an 'asset of community value' last year. Following a meeting of SCDC's planning committee in January, the Leader of the Council asked for a report to be presented to the planning policy and localism portfolio holder to try and strengthen government legislation aimed at protecting important village assets.

Assets of Community Value Regulation 2012, which was part of the government's localism bill, currently gives communities up to six months to table a bid for a listed asset if it is put up for sale. However, no protection is offered if a change of use is allowed by national planning rules.

The Council will be asking for the government to enable local communities to have more of a say to ensure listed assets can be retained in rural villages – one of the aims of the government's Right to Bid scheme.

Nationally, the number of pubs is declining and the Council's call for action follows the Campaign for Real Ale's plea to government for change of planning policy. Under current planning legislation a pub can lawfully be converted to a shop without further planning permission.

Should you need any help with any queries or further information please contact: Cllr Bunty Waters 01954 201421/07734 690580; Bunty.waters@ntlworld.com. Cllr Roger Hall 01954 780304; Roger.hall90@ntlworld.com. County Councillor John Reynolds 01954 200571; j.e.reynolds@ntlworld.com.

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

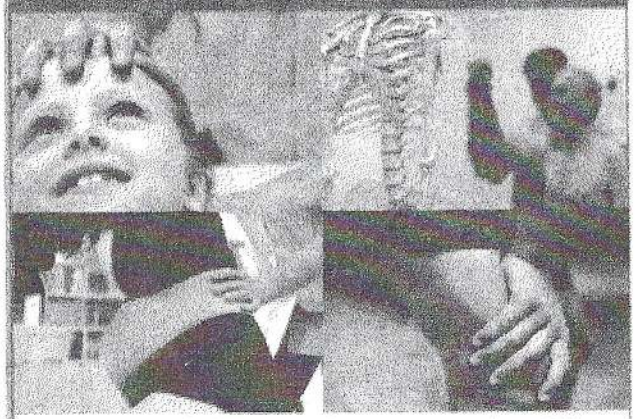
Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

Everybody's pain is different...
and so is their treatment.



If you would like us to help you work out the cause of your pain then please call or email.

CAMBOURNE OSTEOPATHS
01954 28 28 20
www.cambourneosteopaths.co.uk

Irena Spence & Co
Solicitors

68-70 Castle Street
Cambridge, CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

5 Green End,
Comberton, CB23 7DY

A. Denton
Painting & Decorating
High Quality

INDUSTRIAL
COMMERCIAL
DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954
782472

URBAN CAR COMPANY

QUALITY USED CARS

- ☆ All Cars Multi Point Checked
- ☆ Finance Arranged
- ☆ Extended Warranties
- ☆ Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

UniPlumb

We offer a full range of plumbing and heating services including the following:

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations/replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com alternatively

Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB23 7NX

Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ

Surgeries by appointment 210250

Visits by arrangement

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays
9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Laura Wood
BA, MA, VetMB, MRCVS

Simon Shore
MA, VetMB, MRCVS

Dragan Tomovic
BVSc, MRCVS

Full 24 hour Emergency Service

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles

Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

Honest advice with a smile, we go the extra mile!

BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk
Tel: 01954 780456
e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between **10am and 12 noon Monday** to **Thursday**, and **By Appointment Only on Fridays.**

Parish Council Web Site – www.barhillpc.org.uk. This will keep you up to date on current affairs in the village, including meeting minutes and agenda.

Parish Councillors

It is with regret that Brian Gillinder resigned as Chair of the Parish Council in December. We would like to thank Brian for his hard work over the last two years as Chair and we wish him well. We have now voted in a new Chair, Mrs Bunty Waters, whom I'm sure many of you know, and who we know will do a sterling job on behalf of the Council.

Bar Hill Skate Park

For many years the Parish Council has actively supported the existence of a skate park, in financial terms, and over the last five years has spent in excess of £12,000 on maintenance alone.

We are interested in the concerns of the local residents but the Parish Council has to be mindful to act within health & safety policies.

Bar Hill Parish Council took the action of taking down the skate park on health & safety grounds. This was unintentional as only some boards from the ramps were contracted to be removed but when work commenced the ramps collapsed because of the rotting wooden internal structure. In coming to this decision, we considered and acted upon reports from the Police, the Fire Service and an independent Play Inspector (who works in conjunction with ROSPA).

However, after the Parish Council meeting of 16th January the Parish Council is pleased to say that we are working towards a new skate park for the village.

It is with regret however, that against this background, certain individuals have chosen to post abusive threats and comments to the Parish Clerk, Councillors and Contractors. Also graffiti has appeared in areas of the village. This sort of behaviour cannot be accepted.

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 20th February at 7pm in the Parish Council Office. Members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put across their views.

Handy Telephone Numbers

Streetlights: 0800 253529 and give the number that is written on lamppost.
South Cambs District Council: 08450 450500.
County Council *(damaged paths and roads)*: 01223 717111.

CAMBRIDGESHIRE HEARING HELP

Cambridge CAMTAD (Campaign for Tackling Acquired Deafness) changed its name to **Cambridgeshire Hearing Help** in January 2014. There is no change to our services.

We run hearing help sessions in 42 venues in Cambridgeshire. At these drop-in sessions volunteers offer advice on any aspects of hearing loss and maintain NHS hearing aids by distributing batteries, cleaning and "retubing" aids. There is also a service to housebound people and those living in residential care. It is not generally recognised that hearing aids need maintenance every 3–6 months, when the small plastic tube that links the mould with the mechanical part needs to be replaced to maintain the quality of sound. By keeping hearing aids in good condition with routine maintenance available locally, hearing loss becomes a minor inconvenience not a major barrier to communication. This helps to keep people sociable and makes a significant contribution to their quality of life. We also offer a telephone advice service, talks, training and information on hearing help assistive technology.

From 1st January 2014 our website will be www.cambridgeshirehearinghelp.org.uk and we can be contacted by e-mail on enquiries@cambridgeshirehearinghelp.org.uk. Our telephone number remains 01223 416141

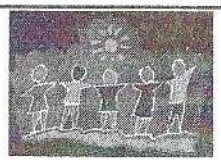
Cambridgeshire Hearing Help Charity Registration Number 1154071.

FOR SALE

Gas BBQ – portable with cylinder.
Clean, good condition, hardly used. £50
Two used spades – good condition £5 each
Medium sized terracotta pots (2);
large plastic pots (2) £2 each
01954 201351

S DYE

for all your Painting & Decorating needs.
Please call today on **07806 629972** or **01954 230484.**



BAR HILL BABY AND TODDLER GROUP

Wednesday and Friday 9.45–11.15 am at the Octagon Centre, next to Bar Hill Church.
For families and carers with children aged 0–4 years.
There are a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.
Prices: Under 1's – £1.00 *(or FREE when paying for a sibling over 1)*; Over 1's – £2.00.
Maximum charge per family/child-minder – £3.00.
Visit our Facebook page for details of upcoming events.

BAR HILL COLTS VIXENS U11 TEAM

The Vixens play in the Cambridgeshire S-Tech Girls County Football (Under 11 South) League. What better way to find out why Colts' grass roots football is thriving in Bar Hill than to ask the girls for a sentence each as to why they want to be part of it.

I love playing for Bar Hill Colts U11 Vixens because...

"It matters to me and it's really fun, especially with the other girls, it's the best football team I've been on and I wouldn't quit." Shammah Nhamoinesu, 9 (Captain)

"It helps me learn more things about football. It's really enjoyable and all of my good friends always support and the managers are very very funny." Alisha Marsh, 11

"Football makes me happy, it is fun and I love playing in a game with my Vixen team mates." Roxanni Papamihail, 10

"You just have to try your best, that's all anyone can ask for." Lisa Murphy, 10

"We're all good friends so if we get upset we know we'll have the rest of the team to support us." Tilly Knott, 10

"They help me train better and I enjoy playing football with my friends." Amelia Gargiulo, 9

"I like to play football, it helps me keep fit and we all work well as a team." Emily Hart, 9

"I am sort of a tomboy and my favourite sport is football and that is why I am part of the team." Chloe Satchell, 8

"It is fun and the managers are the best ever! There could never be a better team than the Bar Hill Vixens!" Charley Satchell, 10

"It's great to play in a team with my friends." Katie Waldron, 10

"The training is really good fun." Emily Waldron, 8

"We all get along very well and everybody plays fair." Isabel Bryant, 9

"We work together as a team, have fun and it shows that girls can play football." Freya Goddard, 9 (Vice Captain)

"We have great coaches and a great bunch of players." Georgia Wilson 9

"I'm in a team with my close friends and we usually win!" Olivia Merry 10

"It's really fun, Kris and Pete push us hard to be good players now and in the future." Daisy Brumpton 10

did you know...

A baby turkey is called a 'poult'. A group of lions is a 'pride'. A group of geese on the ground is a 'gaggle' but in the air is a 'skein'. A gathering of foxes is a 'skunkel'; of quail a 'covey'. A baby kangaroo is a 'joey' and a baby fish is a 'fry'.

FOR SALE

3m x 3m easy up gazebo cover (no frame): £5 ono;
3m x 3m extra strong gazebo pole frame with side curtains & windows (no top): £15 ono;
JVC Cinema surround sound with DVD player 5 speakers & bass box: £25 ono;
2 x small fold up chairs, ideal for kids: £3 each ono.
I also have fishing gear worth almost £400 – too much to detail here – I will accept a sensible offer for it all, or sell individually.
For more details, contact: **Tony, Bar Hill, 07831 895007.**

– THERMAL IMAGING CAMERAS – IDENTIFY HEAT LOSS IN YOUR HOME

South Cambs District Council has two thermal imaging cameras available for parish councils and local volunteers in the Sustainable Parish Energy Partnership to borrow free of charge for a period of one or two weeks (normally Thursday to Thursday). The cameras can be used to identify heat loss in homes and other buildings.

It is intended that the camera is used to do surveys on as many homes as possible, and so parish councils and volunteer groups wishing to borrow the camera are asked to recruit volunteer camera operators who can survey their own homes, and preferably others too.

The Parish Energy Project Officer runs free training sessions for volunteers – normally on Thursday evening – as needed.

If you are interested in having a volunteer survey your home, or would like to volunteer yourself, please call Bunty Waters on 01954 201421 and leave your contact name and number.

ABSOBEAUTI

a little luxury you deserve

Shellac/IBD/Geleration Nail Polish; Minx; Manicures/ Pedicures; Nail Stamping Designs and Nail Art.
Local business in The Brambles, Bar Hill.
Opening Times: 9am–3pm Monday–Friday
(weekend and evening appts available).
Call Sharon on **07967 610482.**

BAR HILL RESIDENTS ARE REMINDED TO "CHOOSE WELL THIS WINTER"

Winter brings coughs, colds and flu so it is good to be prepared. Make sure you have a supply of remedies at home to help care for you and your family. If you need regular medication, make sure you have enough. Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) is asking residents to familiarise themselves with the range of local health services available, and which illnesses and injuries they treat:

- **Pharmacies** can help with bugs and viruses, skin conditions, allergies, pregnancy testing and stopping smoking.
- **GPs** can help with backache, earache, painful coughs, mental health conditions and any illness or injury that won't go away. Your GP has an out-of-hours service. Ring your GP's number and you will either be put through or hear a message telling you who to call.
- **Walk-in centre or minor illness or injury units can** help with minor burns and scalds, bites and stings, strains and sprains and minor eye or ear problems.
- **YOU** can look after colds, coughs, sore throats, hangovers, tummy upsets and grazes with a well-stocked medicine cabinet.

For more information please visit:
www.cambridgeshireandpeterboroughccg.nhs.uk/choose-well.

Escential

Fitness Classes, all at Bar Hill Village Hall

Weds 7pm – Zumba
Weds 8pm – Fitness Pilates
Sat 8am – Circuits

ZUMBA fitness

Sessions normally £5 per class. All mats and equipment provided. Block discount cards available. Body Blast and men's circuits classes at Swavesey – see website for full details!

With over 30 years combined experience, we offer a full range of services including: -

Fitness Classes
Fitness & Fat Loss Bootcamps
Personal Training (pre/post natal specialist)
Sports Massage Therapy
Sports Performance Coaching
Corporate Health & Wellbeing
Fitness & Fat Loss Bootcamps
Sports Team fitness coaching

Based in Swavesey, and we also run a clinic in Partnership with Spirit Health Club, Holiday Inn, Cambridge.

www.escentialfitness.co.uk
Tel: 07803 706584
Email: info@escentialfitness.co.uk

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully insured.

01954 267054

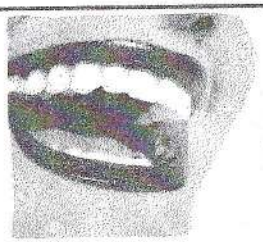
07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk

Gas Safe

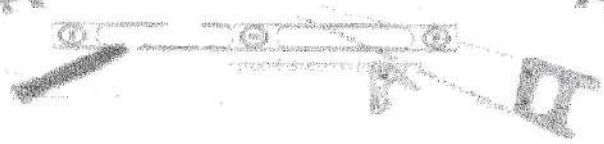
CORGI



Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill
Cambridge CB23 8EH
01954 781616
www.cambridgedentist.co.uk
bhdc29@gmail.com

Complimentary consultation for
Cosmetic Dentistry
Teeth Whitening
Dermal Fillers
Botox

We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients



DAVID HUMPHREY
CARPENTER & JOINER

01480 432275 Mob 07760 426680 Fax 01480 461656

In need of any work doing around the home, but haven't got time to do it ?
Then look no further

* Carpentry & Joinery
* Windows & Doors
* Exterior Finishes
* Roofing
* Home Security
* Conservatories
* Loft Conversions
* Home Extensions

No job too large or too small
Quality work at realistic prices

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority

Krav Maga

BRITISH KRAV MAGA ASSOCIATION ™ LICENSED TRAINING

"The most realistic **Self Defence** system in the UK today" Combat Magazine

Bar Hill Community School Tel: 07760 456938
Tues 6.45—8.45pm Thurs 6.45—8.45pm

book your free lesson at krav-maga-cambridge.co.uk

JOIN US ON FACEBOOK
www.facebook.com/cambridgekravmaga

L.F.Dean & Sons
Motor Body Specialists

01223 233250 (evenings 01954 782247) 07711 131085

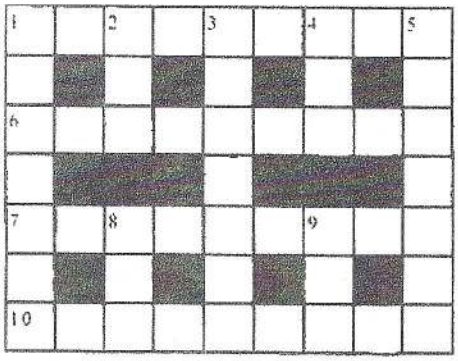
*All makes repaired * Welding *Re-spraying *Low-bake oven

Non-fault accident service **Free estimates**

4 Water Lane, Oakington

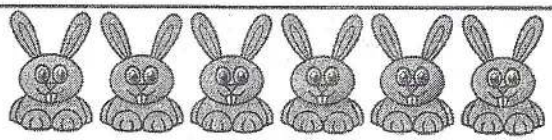
CROSSWORD CLUES FOR FEBRUARY

Across: 1. French Empress. 6. Known for horseracing. 7. island continent. 10. before last midnight.
Down: 1. the first month. 2. broadcast seed. 3. huge open space. 4. writing medium. 5. open river mouth. 8. a plea for help. 9. cover for a pot, saucepan etc. .



SOLUTION FOR DECEMBER

Across: 1. Galatians. 6. Bethlehem. 7. immaturer. 10. lincrusta.
Down: 1. Gabriel. 2. Lot. 3. Telstar. 4. ash. 5. Samaria. 8. Man. 9. RHS .



– LITTLE BUNNIES SENSORY SESSIONS –

Octagon Meetings Room, Bar Hill
Tuesdays 9.45–11.15am (term time)

Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included.

£1 under 1yr; £2 per child;
£3 for two or more children.

SHOPPING SERVICE

This service is for Cambridgeshire residents aged 60 and over who may have difficulty doing their own shopping. Many supermarkets now offer online shopping but unless you have a computer, you cannot take advantage of this convenient service. Phone your order to our Shopping Service and we will make arrangements for delivery to your home. There is no commitment to shop every week and Age UK Cambridgeshire makes no charge for this service. However, supermarket charges for delivery vary and will apply.
Enquires and orders can be taken from Monday to Friday between 9am–12.30pm on **01354 696650**.
Registered charity number: 1107589.

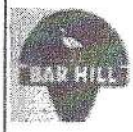
BICYCLE REPAIRS & SERVICING

Collection & Return Service.
07914 655086

– BAR HILL FOOTBALL PROJECT –

3G Astro pitch available to hire, evenings and weekends.
Ideal for birthday parties.
For availability and prices please contact Julie Marin, booking secretary, on **01954 781838**.

RESIDENTS' ASSOCIATION



Interested persons are always welcome at Residents' Association meetings. These are usually held on the first Tuesday of the month at 8 pm in the Parish Council office. Next meetings: 4th February; 4th March 2014.

FEBRUARY BIN COLLECTION DATES

5 February	green and blue bins
12 February	black bin
19 February	green and blue bins
26 February	black bin

Paper delivery **07814 754520**

If you need someone to feed your pet, regularly or occasionally, or look after your house when you go away, either with regular visits or staying, a retired non-smoking tee total single lady is happy to help.
DBS *(formerly CRB)* is up-to-date.
Reliable, trustworthy and kind.
07946 165894

FEBRUARY PUZZLE

Form the nine motoring terms containing nine letters in alphabetical order.

A	S	S	G	E	N	R	U	M
B	R	A	G	E	R	S	E	N
C	H	W	G	H	T	S	P	O
C	O	A	K	E	D	S	S	R
C	R	O	L	E	C	T	L	I
E	A	L	O	A	D	T	O	R
E	R	A	O	R	K	T	O	R
E	R	P	P	A	S	U	N	D
E	R	S	R	E	F	U	N	D

					E			
		A				O		
						O		
						T		
					N			
				E				
			T					
		D						
		D	E	R	S	E		

FOR SALE

Golf Distance Measuring Device (DMD) SkyCaddie SGX with charger, belt clip, set up, player's guides. Perfect condition. Used only once. Genuine reason for sale. **£150** (£249 rrp).

01223 366974

– Events Calendar –

date	*event*	*where*	*time*
1 February	Bar Hill Community Market	Octagon	10.30am–2pm
1 February	Huntingdon Concert Band "The Pride of Britain"	Church	7.30pm
4 February	Church – Prayer Time	TNT	7.30pm
5 February	Health Walk	Memorial Gardens	10.30am
6 February	8 O'clock Club	Bar Hill School	8pm
6 February	NWR	Venue: Marie-Thé's	8pm
6 February	Health Walk	Memorial Gardens	10.30am
8 February	Church – Eco Group	TNT	7.30pm
12 February	Health Walk	Memorial Gardens	10.30am
14-16 February	RADSOC Pantomime "Puss in Boots"	Swavesey Venue *(see page 21 for details)*	2.30 and 7.30pm
19 February	Church – Messy Church	Octagon	3.15–5.15pm
19 February	Health Walk	Memorial Gardens	10.30am
20 February	NWR	Venue: Kaye's	8pm
22 February	Church – Craft Group	Octagon	2.15–4.30pm
23 February	Church Meeting	Church	11.30am
26 February	Health Walk	Memorial Gardens	10.30am
1 March	Bar Hill Community Market	Octagon	10.30am–2pm
1 March	Bar Hill Community Market	Octagon	10.30am–2pm
5 March	Swavesey Half Marathon	Swavesey Village College	
6 March	NWR	Venue: Pat's	8pm
6 March	8 O'clock Club	Bar Hill School	8pm
12 March	Health Walk	Memorial Gardens	10.30am

WANTED...

...British Sign Language user to practice with! We are two ladies who have a keen interest in improving our BSL. We have passed level 2 and are looking to take level 3 in September. We need extra practice and are hoping to meet regularly to build our confidence.
Please contact **onsophie_adams_payne@hotmail.com** or **07594359692**.

ROYAL BRITISH LEGION

Since our last meeting in November we have sadly lost two members, Mr Norman Rolfe and Mr Mike Duce. Both were long serving Members of the Legion but, more importantly, they were really nice men that their families could be proud of.
As we are now in a New Year we would welcome new members. We meet on the 4th Thursday of each month at 8pm in the Meetings Room at the Octagon. Memberships are no longer restricted to Service or EX-serving men and women.
Mary Shubotham, Secretary; 01954 781553.

– RAYNERS OF BARTON –

Sectional Buildings
Greenhouses, Garages, Workshops, Chalets,
Log Cabins, Carports, Summer Houses,
Sheds – Concrete, Steel or Wood,
Conservatories – Aluminium or Hardwood.
– DOUBLE GLAZING AT ITS BEST –
PVC-U or Hardwood Windows, Doors.
Lance Rayner, Top Field Farm,
16 Cambridge Road, Barton CB23 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

FINBOW FRAMING

Incorporating Warwick Fine Art Prints
Conservation and Standard Framing
Bespoke Framing of Art Work, Photographs,
Tapestry, Memorabilia etc
Reframing and Repairs
Antique Prints of Cambridge and Restoration
Julian Finbow, 12 The Brambles, Bar Hill, CB23 8TA.
T: 07952 295861; E: Finbowframing@hotmail.com

THE HAIR COMPANY

Professional Mobile Hairdressing
covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718

fact: there is a word in the English language with only one vowel, which occurs five times: 'indivisibility'.